

# Manifest Like a Mother™

## WEEK SIX

### LEGACY OF ABUNDANCE

The purpose of this final workbook is to suggest some ways that you can pass on your Legacy of Abundance to your children and future family generations.

#### Modelling the Right Behaviour

Use the space below to think about how you can model the right behaviour to your children.

How can you show them what a life of abundance looks like?

How can you show them what helpful habits look like?

How can you talk about money around them in a way that is positive and empowering?

How can you show them what a healthy relationship with money looks like?

# Manifest Like a Mother™

## WEEK SIX

### Natural Gifts of Motherhood

Thinking about the natural gifts of motherhood (love, worry and instinct), use the space below to think of ways that you can use these gifts to your advantage to manifest the things that you desire?

# Manifest Like a Mother™

## WEEK SIX

### Natural Gifts of Motherhood

Now think about how you can use these natural gifts to help your children understand their power as manifestors and believe in the endless possibility and abundance of the Universe?

>> How can you use your powers of unconditional love to demonstrate what self-love looks like and why love is the emotion that trumps all others?

>> How can you get them to use their "worry muscle" to instead rehearse desired outcomes?

>> How can you encourage them to cultivate a life-long connection with their inner being?

# Manifest Like a Mother™

## WEEK SIX

### Introduce Them To Their Power

Now use the space below to think of some ways that you can start to introduce the concepts of manifestation and the law of attraction to your child/children in a way that is suitable for their age and understanding.

How can you have fun with this?

My suggestions were:

- Teaching them to visualise
- The car parking space request
- Rampages of appreciation
- Children's books written by Law of Attraction authors

But see how you can get creative. You might want to revisit the manifestation toolkit and see if there are any ways you could introduce your child/children to some of them now.

# Manifest Like a Mother™

## WEEK SIX

Introduce Them To Their Power

Notes continued...

# Manifest Like a Mother™

## WEEK SIX

### Family Mottoes, Mantras & Truths

Think about the limiting beliefs you inherited about money.

How do you want to flip that script? What positive, supporting and empowering beliefs do you want to pass on to your children instead? Use the space below to jot down your ideas.

Are there any that stand out which you could use as a Family Motto or little mantra you say with your kids all the time?

# Manifest Like a Mother™

## WEEK SIX

Message From My Heart To Yours  
Well done for showing up for this course.

Well done for seeing it through to the end.

Well done for showing up for yourself and being bold enough to believe and know that life gets to be even better. That it isn't wrong to want more. That life can be easy, joy-filled and abundant for you.

Take some time to acknowledge that you showed up. Acknowledge how far you have come. Acknowledge the amazing self-signalling you have done just by completing this course.

And then keep showing up for yourself.

Stay connected to your dreams and desires and simply work on becoming an energetic match for them.

Work on trusting in yourself, trusting in the Universe to make it happen.

You are enough.

You are worthy.

You are deserving.

Follow your inner desires.

Live a life of abundance.

And go Manifest Like A Mother!!

Cori xx